



# KETTLES

— soups & more —

## WEEKLY MENU -

	12oz	16oz
<b>Monday</b> Cream of Mushroom Beef Barley	\$3.91	\$5.18
<b>Tuesday</b> Minestrone Chicken Noodle	\$3.91	\$5.18
<b>Wednesday</b> Cream of Broccoli French Canadian Split Pea	\$3.91	\$5.18
<b>Thursday</b> Cream of Tomato & Red Pepper Chicken with Rice	\$3.91	\$5.18
<b>Friday</b> Clam Chowder Wicked Thai Chicken	\$3.91	\$5.18

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Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (age 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.