

EAT. DRINK. SOCIALIZE.

OASIS MARKET PLACE WHITEHALL

Johnson & Johnson

Monday – Friday | 7 am – 2:00 pm

Denise Chin 905-946-5592

SEPTEMBER 11TH– 15TH

Great Choice!



ALL MENU ITEMS FIT HEALTHY EATING GUIDELINES!

MON

Soup: Chicken Rice
Culinary: Beyond Burger with Mesculin Mix salad (v)
Culinary: Mexican Beef Pasta Casserole with Mesculin Mix salad

TUES

Soup: Boston Clam Chowder
Culinary: Vegetarian Shepherd's Pie with House Salad (v)
Culinary: Indian Butter Chicken with Basmati Rice and House Salad



WED

Soup: Roasted Vegetable
Culinary: Falafel wrap with Salad
Culinary: Jamaican Jerk Chicken, Coconut rice and Peas and Coleslaw



THURS

Soup: Beef Vegetable Barley (v)
Culinary: Thai Red Curry Vegetables with Rice (v)
Culinary: Dijon Maple Glazed Salmon with Red Skin Mashed Potatoes and French Green beans

FRI

Soup: Chef's choice
Culinary : Habanero- B.B.Q. Beef Burgers with Potato Wedges

WEEKLY FEATURES

BREAKFAST

- Egg white cheddar tomato on WW sandwich thin (v)
- Made to order eggs/egg whites and egg/egg white omeletes with variety of vegetables:
- Yogurt and berry parfaits

Deli Sandwich Station Specials:

Tuesday: Avocado, Bacon, Crab salad

Wednesday: California Chicken Salad

Salad Bar
Tuesday to Friday

September 12-18

FOOD UNITES US
Chefs
Inspire Us

Chef
APPRECIATION
week

#ChefAppreciationWeek

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WITH US**



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