

# EAT. DRINK. SOCIALIZE.

WEEKLY SPECIALS JULY 7<sup>TH</sup>-JULY 11<sup>TH</sup>

Great Choice!



ALL MENU ITEMS FIT HEALTHY EATING GUIDELINES!

MON

Graze: Veggie Jazz Salad Bowl (V)

Chef's Table: Chicken Caesar Salad Bowl

TUES

Graze: Vegetable Sheppard pie with Salad (V)

Chef's Table: Sheppard's Pie with Salad

WED

Graze: Vegetable Rundown Stew with Rice & Slaw (V)

Chef's Table: Jerk Chicken, Rice & peas with slaw

THURS

Graze: Falafel Wrap with Salad (V)

Chef's Table: Cajon Shrimp with Rice & Steamed Vegetables

FRI

Chef's Table: Buffalo or BBQ Pop Corn Chicken with poutine

CONNECT  
WITH US

 Eurest

 For catering needs ; Ashley.Fountain@compass-Canada.com

OASIS MARKET PLACE

Johnson & Johnson

Breakfast 7:30 am – 10:30 am

Lunch 11:30 am – 1:30 pm

Catering needs: Ashley or Rani : 905-946-5292

## AVAILABLE EVERYDAY

### BREAKFAST

- Egg white cheddar tomato on ww sandwich thin (v)
- Made to order eggs/egg whites and egg/egg white omelets with variety of vegetables

### Soups:

- Mon: Green lentil (v)
- Tues : Italian wedding
- Wed: Bombay Butter Chicken
- Thurs: Chicken Rice

### DELI OFFERINGS:

- Chicken Cajun or Italian
- Cage free egg salad
- Fad-free tuna salad
- Grilled vegetables (v)

